

About David

David has a deep connection with the ocean. His waterman journey started in 1979 when he first learned to windsurf. Over the decades, David ventured into surfing (1988), kitesurfing (2001) and SUP surfing (2008). During 2000, he entered a new chapter of his waterman journey by learning to kite and prone surf on a hydrofoil. This spring, he is intent on “wing” foiling. Get ready for the revolution!



David suffered from chronic back pain over the years. After decades of extreme sports, his 1982 spinal operation caught up to him as he developed herniations above and below the fusion. About 4 years ago, the herniations disappeared from the MRI. David attributes the relief of pain to a regular yoga practice. Pre-Covid, David frequented Bikram, Ashtanga and Anusara-inspired yoga classes. He has since developed his own home practice, which has had numerous physical and mental benefits.